

Official Results For 2023 Tuna Relay /70

Overall Winner - Apex Run Addicts - 8:23:43 - 6:41 min/mile - New Course Record!!

Full Team Open Category Winner - Suffer in Silence - 9:40:08 - 7:42 min/mile

Full Team Mixed Category Winner - Island of Misfit Toys - 10:15:38 - 8:10 min/mile

Full Team Female Category Winner - Forehead Flyers - 12:07:32 - 9:39 min/mile

Ultra Team Open Category Winner - F3 - Slow Low Ultra Team #2 - 10:50:36 - 8:38 min/mile

Full Results						
Place	Team Name	Bib	Type	Category	Duration	Pace
1	Apex Run Addicts	101	Full	Open	8:23:43	6:41
2	Suffer in Silence	103	Full	Open	9:40:08	7:42
3	Rush Puppies	102	Full	Open	9:43:06	7:44
4	Island of Misfit Toys	105	Full	Mixed	10:15:38	8:10
5	F3 Chowanoke	104	Full	Open	10:38:11	8:28
6	F3 - Slow Low Ultra Team #2	122	Ultra	Open	10:50:39	8:38
7	F3 - Slow Low Ultra Team #1	121	Ultra	Open	11:12:59	8:55
8	Worst Pace Scenario	107	Full	Mixed	11:18:56	9:00
9	Carolina Savages	108	Full	Mixed	11:35:27	9:14
10	Running from Rex	109	Full	Mixed	11:45:41	9:22
11	Weekend Runaways	112	Full	Mixed	11:52:05	9:27
12	Forehead Flyers	106	Full	Female	12:07:32	9:39
13	LKW1	110	Full	Female	12:36:50	10:02
14	LKW2	111	Full	Female	12:36:50	10:02
15	Running Mates	113	Full	Female	12:39:24	10:05

Full Team Open Category Results				
Place	Team Name	Bib	Duration	Pace
1	Apex Run Addicts	101	8:23:43	6:41
2	Suffer in Silence	103	9:40:08	7:42
3	Rush Puppies	102	9:43:06	7:44
4	F3 Chowanoke	104	10:38:11	8:28

Full Team Mixed Category Results				
Place	Team Name	Bib	Duration	Pace
1	Island of Misfit Toys	105	10:15:38	8:10
2	Worst Pace Scenario	107	11:18:56	9:00
3	Carolina Savages	108	11:35:27	9:14
4	Running from Rex	109	11:45:41	9:22
5	Weekend Runaways	112	11:52:05	9:27

Full Team Female Category Results

<u>Place</u>	<u>Team Name</u>	<u>Bib</u>	<u>Duration</u>	<u>Pace</u>
1	Forehead Flyers	106	12:07:32	9:39
2	LKW1	110	12:36:50	10:02
3	LKW2	111	12:36:50	10:02
4	Running Mates	113	12:39:24	10:05

Ultra Team Open Category Results

<u>Place</u>	<u>Team Name</u>	<u>Bib</u>	<u>Duration</u>	<u>Pace</u>
1	F3 - Slow Low Ultra Team #2	122	10:50:39	8:38
2	F3 - Slow Low Ultra Team #1	121	11:12:59	8:55