

Exchange Zone	Exchange Zone Name	Exchange Zone Address	Start Time	End Time	Duration	Volunteer 1	V1 Phone Number	Volunteer 2	V2 Phone Numbers	Source
Start	Preddy Creek Trail Park	3690 Burnley Station Road, Charlottesville, VA 22911	09/23/22 4:30 AM	09/23/22 10:00 AM	5:30	Kathy Han	804-914-0868			TNT
1	Preddy's Creek Baptist Church	4394 Stony Point Road, Barboursville, VA 22923	09/23/22 5:50 AM	09/23/22 9:50 AM	3:59	Tim Joslin	804-349-6797	Susan Reid	757-639-2041	TNT
2	St. John Baptist Church	1595 St. John Road, Gordonsville, VA 22942	09/23/22 6:37 AM	09/23/22 10:36 AM	3:59	Tina Gierling	757-660-6498			Scouts BSA - Troop 199
3	Holy Church of the Living God Cobham Congregation	5442 Columbia Road, Gordonsville, VA 22942	09/23/22 7:01 AM	09/23/22 11:00 AM	3:59	Kathy Han	804-914-0868			TNT
4	Berea Baptist Church	5271 Poindexter Rd, Louisa, Virginia 23093	09/23/22 8:18 AM	09/23/22 12:17 PM	3:59	Louisa Fuller	540-748-5159	Berea Baptist Church		Berea Baptist Church
5	Small Country Campground	4400 Byrd Mill Road, Louisa, VA 23093	09/23/22 8:25 AM	09/23/22 12:39 PM	4:13	Kaitlyn McClure	267-210-7254	Goochland CASA		Goochland CASA
6	Macedonia United Methodist Church	17 Byrd Mill Road, Louisa, VA 23093	09/23/22 9:01 AM	09/23/22 1:15 PM	4:13	David Hopkins	434-242-9249	Harry Carter	434-409-6720	Macedonia UMC
7	Evergreen Bible Way Church	1576 Evergreen Road, Louisa, Virginia 23093	09/23/22 9:41 AM	09/23/22 1:52 PM	4:11	Renaé Townsend	434-806-3775	Goochland CASA		Goochland CASA
8	Bybee's Road Baptist Church	4989 Bybees Church Road, Troy, Virginia 22974	09/23/22 10:30 AM	09/23/22 2:38 PM	4:08	Kenny Davis	434-989-9653	Bybee's Road Baptist Church		Bybee's Road Baptist Church
9	Evergreen Church	452 Evergreen Church Rd Palmyra, VA 22963	09/23/22 11:27 AM	09/23/22 3:46 PM	4:18	Kavis Winston	804-306-6796	Goochland CASA		Goochland CASA
10	Byrd Chapel UMC	5371 Venable Rd, Kents Store, VA 23084	09/23/22 12:20 PM	09/23/22 4:36 PM	4:15	Neil McGlaughlin	540-487-9746	Byrd Chapel		Byrd Chapel
11	Mt. Gilead Baptist Church	4768 Shannon Hill Rd, Columbia, VA 23038	09/23/22 12:58 PM	09/23/22 5:11 PM	4:13	Calvin Faudree	804-370-9967	Mt. Gilead		Mt. Gilead
12	Community of Peace	1782 Yanceyville Rd, Louisa, VA 23093	09/23/22 2:18 PM	09/23/22 6:30 PM	4:12	Brother Stefan	707 513 8514	Jane Bombara	617-599-7155	Community of Peace
13	Old Mountain Road/Harts Mill Road	Intersection Old Mountain Road/Harts Mill Road	09/23/22 3:28 PM	09/23/22 7:37 PM	4:08	Ed Hyer	732-374-3164	Goochland CASA		Goochland CASA
14	New Anna Baptist Church	11639 Cross County Road, Mineral, VA	09/23/22 3:56 PM	09/23/22 8:03 PM	4:06	Sheila Hyer	415-915-6100	Goochland CASA		Goochland CASA
15	Salem Christian Church	4023 Paynes Mill Road, Bumpass, VA	09/23/22 5:11 PM	09/23/22 9:00 PM	3:49	Cheryl Goode	804-221-5756	Goochland CASA		Goochland CASA
16	Holly Grove Ruritan Club	3022 Crewsville Road, Bumpass Virginia 23024	09/23/22 5:45 PM	09/23/22 9:37 PM	3:51	Sue Sheridan	540-872-8047			Holly Grove Ruritan
17	Holly Grove Fire Dept	143 Factory Mill Road, Bumpass, VA 23024	09/23/22 6:16 PM	09/23/22 10:09 PM	3:52	Holly Grove FD		Holly Grove FD		Holly Grove FD
18	Hopeful Baptist Church	14340 Hopeful Church Rd, Bumpass, VA 23024	09/23/22 6:46 PM	09/23/22 10:40 PM	3:54	Holly Grove FD		Holly Grove FD		Holly Grove FD
19	South Anna Elementary	13122 Walton's Tavern Road, Montpelier, VA 23192	09/23/22 7:54 PM	09/23/22 11:49 PM	3:54	Tina Gierling	757-660-6498			Scouts BSA - Troop 199
20	Farrington Fire Company	14582 Mountain Road, Glen Allen, VA 23059	09/23/22 8:33 PM	09/24/22 12:37 AM	4:04	Dawn Drewry	804-572-4304	Preston Main	804-317-6019	Hanover 911
21	Greenwood Baptist Church	13637 Greenwood Church Rd, Ashland, VA 23005	09/23/22 9:02 PM	09/24/22 1:14 AM	4:12	Amanda Moody	804-536-5776	Art Moody	804-774-8130	TNT
22	YMCA of Ashland	217 Ashcake Road, Ashland, VA	09/23/22 10:17 PM	09/24/22 2:30 AM	4:13	Stacey Adams	804-986-2090			Hanover 911
23	Lebanon United Methodist Church	8492 Peaks Road, Hanover, VA	09/23/22 11:15 PM	09/24/22 3:44 AM	4:28	Katie Sprouse	804-625-9552	John Street	804-625-9552	The VET-Fund

24	Courthouse Park, Hanover	7232 Courtland Farm Road, Hanover, VA	09/23/22 11:46 PM	09/24/22 4:22 AM	4:36	TJ Jennings	804-615-1402			Hanover 911
25	Salem Presbyterian Church	5394 Studley Road, Mechanicsville, VA 23116	09/24/22 1:04 AM	09/24/22 5:38 AM	4:33	Diane Glasgow	804-839-7293	Barrye Glasgow	804-238-3061	Salem Presbyterian Church
26	Bethlehem Presbyterian Church	2446 Old Church Road Mechanicsville, VA 23111	09/24/22 2:02 AM	09/24/22 6:47 AM	4:45	Chelsea Mason	757-812-8545	Chantal		The VET-Fund
27	Hopewell Baptist Church	5061 Hopewell Road, New Kent, VA	09/24/22 2:52 AM	09/24/22 7:48 AM	4:55	Kathy Han	804-914-0868			TNT
28	Olivet Presbyterian Church	Olivet Road, New Kent, VA	09/24/22 4:18 AM	09/24/22 9:33 AM	5:14	Karen Beebe	703-717-8924			TNT
29	Cedar Grove Baptist Church	5500 Adkins Road Providence Forge, VA	09/24/22 5:19 AM	09/24/22 10:47 AM	5:27	Katie Sprouse	804-625-9552	John Street	804-625-9552	The VET-Fund
30	Little Elam Baptist Church	8840 Church Lane, Charles City VA 23030	09/24/22 6:02 AM	09/24/22 11:18 AM	5:16	Tim Joslin	804-349-6797			TNT
31	Harrison Lake Fish Hatchery	11110 Kimages Rd., Charles City, VA, 23030	09/24/22 7:10 AM	09/24/22 12:27 PM	5:16	Susan Reid	757-639-2041			TNT
32	Indian Fields Tavern	9220 John Tyler Memorial Hwy, Charles City, VA 23030	09/24/22 7:56 AM	09/24/22 1:26 PM	5:30					
33	Charles City County Courthouse	10700 Courthouse Road, Charles City, VA	09/24/22 8:13 AM	09/24/22 1:48 PM	5:35					
34	Charles City County Fire Station #3	14330 Wilcox Neck Road, Charles City, VA	09/24/22 9:27 AM	09/24/22 3:24 PM	5:56	Katie Sprouse	804-625-9552	John Street	804-625-9552	The VET-Fund
35	Chickahominy Riverfront Park	1350 John Tyler Hwy, Williamsburg, VA 23185	09/24/22 10:01 AM	09/24/22 4:07 PM	6:06	Tina Gierling	757-660-6498			Scouts BSA - Troop 199
Finish	Jamestown Beach Park	2205 Jamestown Road Williamsburg, VA	09/24/22 10:13 AM	09/24/22 6:16 PM	8:03	Kathy Han	804-914-0868	Jessica Arnold/Maddison Louden/Debbie Allen/Tamra Goodman	919-741-2216/703-973-8353/703-403-7222/757-409-2434	TNT/FiA Hampton Roads

* If there is no phone number for an exchange zone or you can't get through, call the Race Director (Brian Malak - 843-209-3510)